

# **JAMAL MOHAMED COLLEGE**

## **(Autonomous)**

**College with Potential for Excellence**  
**Accredited (3<sup>rd</sup> Cycle) with 'A' Grade by NAAC**  
**DBT Star College Scheme & DST – FIST Funded**  
**(Affiliated to Bharathidasan University)**  
**Tiruchirappalli – 620 020.**



**PG & RESEARCH DEPARTMENT OF**  
**NUTRITION AND DIETETICS**

**Association Activities**  
**(2018-2019)**

# Inauguration of Association & Fresher's day Celebration - 10<sup>th</sup> July, 2018



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(Affiliated to Bharathidasan University)  
Tiruchirappalli – 620 020, Tamil Nadu.

**PG DEPARTMENT OF NUTRITION AND DIETETICS**

## **INAUGURATION OF NUTRITION AND DIETETICS ASSOCIATION**

We invite the solicited pleasure of your presence for the inaugural function of the  
Nutrition and Dietetics Association to be held on 10.07.2018, at 3:30 pm in the Hussainudeen Hall

In the August presence of

**Dr.A.K.Khaja Nazeemudeen, D.Litt., (USA)**

Secretary & Correspondent

**Hajee. M.J. Jamal Mohamed**

Treasurer

**Dr.K.Abdus Samad**

Assistant Secretary

*Presidential Address*

**Dr.S.Ismail Mohideen**

Principal

*Inaugural Address*

**Dr.P.M. Mansure,**

(Former Vice Principal, Jamal Mohamed College,Trichy.  
Former Principal, MIET Arts and Science College,Trichy).

*Felicitation*

**Dr. A.K.KHAJA NAZEEMUDEEN**

Secretary & Correspondent

**Hajee. M.J. Jamal Mohamed**

Treasurer

**Dr. A.Mohamed Ibraheem**

Vice – Principal

**Dr.K.N. Abdul Khader Nihal**

Director & Bursar (SF), Head, Dept. of IT

**Prof. M.A. Jamal Mohamed Yaseen Zubeir**

Director – Hostel Administration & Registrar of Attendance (SF)

**Dr.K.Abdus Samad**

Assistant Secretary

**Hajee. Dr.M.Mohamed Sihabudeen**

Additional Vice – Principal

**Dr.K.N.Mohamed Fazil**

Director – Hostel Administration

and

**Dr.M.I.Fazal Mohamed**

M.I.D of Nutrition and Dietetics

*All are cordially invited*

**Vice President** : Dr.M.Angel, Assistant Professor of Nutrition and Dietetics

**Secretary** : B.Guna Selvi, II M.Sc., N&D

**Joint Secretary** : S.Shafna, III B.Sc., N&D

**Executive Members** : I.Aruna Rani, II M.Sc., N&D  
B.Devayani, I M.Sc., N&D  
A.Sindhus Banu, I M.Sc., N&D  
K.Sorna, III B.Sc., N&D  
M.B.Ayisha Sulthana, II B.Sc., N&D  
S.Benazir Hudha, II B.Sc., N&D  
B. Priyadharshini, I B.Sc., N&D &  
S. Sheerin Safa, I B.Sc., N&D



**Secretary & Correspondant Dr.A.K.Khaja Nazeemudeen felicitating the gathering**

**A GOOD BEGINNING MAKES A GOOD END”**



**Treasurer Hajee M.J.Jamal Mohamed felicitating the gathering**

**“CHEERS TO A NEW YEAR AND THE ANOTHER CHANCE FOR US TO GET IT RIGHT”**



**“AN EXTRA ORDINARY ORATION BY OUR CHIEF GUEST” Dr.P.M. MANSURE , (Former Vice Principal, Jamal Mohamed College, Trichy & Former Principal, MIET Arts and Science College, Trichy).**



**Treasurer Hajee M.J.Jamal Mohamed distributing the gifts to the Freshers**

## **INAUGURATION OF THE ACTIVITIES OF NUTRITION AND DIETETICS ASSOCIATION & FRESHER'S DAY CELEBRATION**

The activities for the academic year 2018 – 2019 of the Association of Nutrition and Dietetics, PG and Research Department of Nutrition and Dietetics of Jamal Mohamed College, Trichy was inaugurated on 10<sup>th</sup> July 2018 by 3.30 pm in Hussainudeen hall. The Fresher's Day was also celebrated along with the inauguration. The program started with a prayer followed by the welcome speech of Dr.M.I.Fazal Mohammed, Head of the Department in the dignified presence of the members of the management committee.

The function was presided by the Principal, Dr.S.Ismail Mohideen, Hajee M.J.Jamal Mohamed Sahib, Treasurer and Dr.K.Abdus Samad, Assistant Secretary felicitated the gathering.

Dr.P.M. Mansure, Former Vice Principal, Jamal Mohamed College was the chief guest who delivered the inaugural address. In his speech, he stated that, students are the friend and philosopher of the society. He shared his experience in Jamal Mohamed College which was not only his experience but also motivation to the students. He motivated the students to get uplifted in their lives through education in Jamal Mohammad college. The students were eagerly listening to his words. That was a wonderful experience for the students, to get motivated with a sense of humour. As a part of the Fresher's Day, the freshers received their gifts as a gesture of welcome from their seniors. The speech was more informative for the students of B.Sc and M.Sc Nutrition and Dietetics.

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# BREAST FEEDING WEEK CELEBRATION- 7<sup>th</sup> August 2018



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Tiruchirappalli – 620 020, Tamil Nadu.



## PG AND RESEARCH DEPARTMENT OF NUTRITION AND DIETETICS

### Vice President:

Dr.M.Angel,  
Assistant Professor

### Secretary

B.Guna Selvi, II M.Sc.,

### Joint Secretary:

S.Shafna, III B.Sc.,

### Executive Members:

I.Aruna Rani, II M.Sc.,  
B.Devayani, I M.Sc.,  
A.Sindhus Banu, I M.Sc.,  
K.Sorna, III B.Sc.,  
M.B.Ayisha Sulthana,  
II B.Sc.,  
S.Benazir Hudha,  
II B.Sc.,  
B. Priyadharshini,  
I B.Sc.,  
&  
S. Sheerin Safa,  
I B.Sc.,

### BREASTFEEDING WEEK CELEBRATION

We cordially invite you to a special lecture programme on  
“MOTHER’S MILK - NURTURE FROM NATURE”

BY

**Dr.B.SUNDARAMEENAL, B.S.M.S.,M.D.**(Indian Siddha Medicine),  
Siddha Medical Officer, Kasthuriba Hospital,  
Gandhigram Trust, Gandhigram, Dindigul.

*Presidential Address*

**Dr.S.ISMAIL MOHIDEEN**  
Principal

*In the August presence and felicitation by*

**Dr.A.K.KHAJA NAZEEMUDEEN, D.Litt., (USA)**  
Secretary & Correspondent

**Hajee. M.J. JAMAL MOHAMED**  
Treasurer

**Dr.K.ABDUS SAMAD**  
Assistant Secretary

**Dr. A.Mohamed Ibraheem**  
Vice – Principal

**Hajee. Dr.M.Mohamed Sihabudeen**  
Additional Vice – Principal

**Dr.K.N. Abdul Kader Nihal**  
Director & Bursar (SF), Head, Dept. of IT

**Dr.K.N.Mohamed Fazil**  
Director – Hostel Administration

**Prof. M.A. Jamal Mohamed Yaseen Zubeir**  
Director – Hostel Administration &  
Registrar of Attendance (SF)

and  
**Dr.M.I.Fazal Mohamed**  
Head,  
Dept.of Nutrition and Dietetics

Date: 7<sup>th</sup> August, 2018

Venue: Hussainudeen Hall

Time: 3:30 pm



**Secretary & Correspondent Dr.A.K.Khaja Nazeemudeen  
felicitating the gathering**

**Something as simple as better breast feeding  
could save a million children a year”**



**Dr.M.I.Fazal Mohamed, Head, Department of Nutrition  
and Dietetics, welcoming the gathering**

**“Breast milk is better than any udder milk”**





**Chief Guest, Dr.B.SUNDARAMEENAL, B.S.M.S.,M.D.(Indian Siddha Medicine), Siddha Medical Officer, Kasthuriba Hospital, Gandhigram Trust, Gandhigram, Dindigul, She gave a thought provoking speech on the importance of breast milk**

**“Breast milk is the best milk it is the nurture from nature”**

**A REPORT ON WORLD BREAST FEEDING WEEK CELEBRATION**  
**A SPECIAL LECTURE ON MOTHERS MILK – “NURTURE FROM NATURE”**


World Breast feeding week was celebrated by the PG and Research Department of Nutrition and Dietetics of Jamal Mohamed College, Trichy on 07.8.18. The program started with a prayer followed by the welcome speech of Dr.M.I.Fazal Mohammed, Head of the Department. Hajee M.J.Jamal Mohamed Sahib, Treasurer and Dr.K.Abdus Samad, Assistant Secretary felicitated the gathering.

Dr.B.SundaraMeenal, Siddha Medical Officer, Kasthuriba Hospital, Gandhigram, Dindigul was the chief guest of the occasion who gave a special lecture on “Mother’s Milk – Nurture from Nature”. She emphasized on the importance of breast feeding, motherly bonding and nutrition and economical safety. She also stated that mother’s nutrition play an important role in child’s health. Moreover, she envisaged that breast feeding upto one and a half to two years will increase the immunity of the child which will prevent diseases in future and breast feeding prevents cancer among mothers especially breast and cervical cancers. The lecture session was followed by the interaction with the students of B.Sc and M.Sc Nutrition and Dietetics on breast feeding and feed back of the students.

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# National Nutrition week celebration Diatrofi Fest'18 27<sup>th</sup> September 2018

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Tiruchirappalli - 620 020.



Since 1951

**NATIONAL  
NUTRITION WEEK  
CELEBRATION**

**DIATROFI FEST'18**

On  
27<sup>th</sup> September 2018

*Organized by*  
PG and Research Department of  
Nutrition and Dietetics

CONVENOR

**Dr.M.Angel,**  
Assistant Professor of Nutrition and Dietetics

ORGANIZING COMMITTEE

**Dr.V.Kavitha** - Assistant Professor  
**B.Rajalakshmi** - Assistant Professor  
**J.Priya** - Assistant Professor  
**J.Harine Sargunam** - Assistant Professor  
**Dr.A.Sangeetha** - Assistant Professor  
**D.Bhuvanewari** - Assistant Professor  
**A.Yasmin Fathimaa** - Assistant Professor

SECRETARY

**B.GunaSelvi, II M.Sc.,**

JOINT SECRETARY

**S.Shafna, III B.Sc.,**

EXECUTIVE MEMBERS

**L.Aruna Rani, II M.Sc.,**  
**B.Devayani, I M.Sc.,**  
**A.SindhusBanu, I M.Sc.,**  
**K.Sorna, III B.Sc.,**  
**M.B.Ayisha Salthana, II B.Sc.,**  
**S.BenazirHudha, II B.Sc.,**  
**B. Priyadharshini, I B.Sc.,**  
**S. SheerinSafa, I B.Sc.,**

Contact no. & e-mail ID

**Dr.M.Angel**  
Cell : 9500440635  
trichyjmcnd@gmail.com

**REGISTRATION FORM**

(Women only)

Name : \_\_\_\_\_  
(In block letters)

Class/Department : \_\_\_\_\_

College : \_\_\_\_\_

I intend to participate in the following events:

- The Health Chef
- Vegetable and Fruit Carving
- Poster Presentation
- Grain Carpet
- Poshak Parade
- Nutri Quiz

(Please tick the appropriate event which you are willing to participate)

Date: \_\_\_\_\_ Signature of the Participant

**Note:**

- Registration fee Rs.150/- per participant.
- If the participant is willing to take part in more than one event she has to pay Rs 25/- additionally per event except for cookery competition for which she has to pay Rs 50/-.
- Participants are requested to register on or before 24.9.2018 through e-mail.
- Lunch will be provided.

We cordially invite you to the Diatrofi Fes't 18, Inter-collegiate Competitions to be held on 27<sup>th</sup> September 2018 at PG and Research Department of Nutrition and Dietetics between 9:30 am and 4:30 pm. The following events are scheduled to be conducted in the august presence of the Management Committee Members.

**Hajjee M.J.J. Jamal Mohamed Bilal**  
President

**Dr.A.K.Khaja Nazemudeen, D.Lit.,(USA)**  
Secretary & Correspondent

**Hajjee. M.J.J. Jamal Mohamed**  
Treasurer

**Dr.K.Abdus Samad**  
Assistant Secretary

**Registration at 8:30 am**

**Event : The Health Chef**

**No. of participants : 1**

**Time : 9:30 am – 10:30 am**

**Theme: "Nutritious Recipe"**

**Criteria:**

- No. of recipe -1.
- Thirty minutes for cooking and 10 minutes for serving.
- Cooking and serving utensils should be brought by the participant.
- Preparation and serving areas, fuel and electrical equipments will be provided by the Department.

**Event : Vegetable & Fruit carving**

**No. of participants : 1**

**Time :10:30 am – 11:30 am**

**Criteria:**

- Participants are required to bring their own working tools, fruits & vegetables.
- All carving, assembling, peeling and cutting should be done during the competition.

**Event : Poster Presentation**

**No. of participants : 1**

**Time :10:30 am – 11 am**

**Theme: "Further With Food"**

**Criteria:**

- Size of the poster should be 40"x 60".
- Minimum text should be used. Text should be clear and readable.
- Maximise the use of visuals like pictures, photographs, graphs, schematics and maps.
- Use space effectively.
- Should mount the poster in the given area, half an hour before the competition.

**11:00 to 11:30 am - Tea break**

**Event : Grain Carpet (Rangoli)**

**No. of participants : 2**

**Time : 11:30 am – 12:30 pm**

**Theme : "Good Food Good Nutrition"**

**Criteria:**

- Size - 4 feet x 4 feet.
- Participants need to bring all the required materials.

**12:30 pm to 1:30 pm - Lunch**

**Event : Poshak Parade**

**Max. No. of participants : 3 per college**

**Time :2:00 pm – 3:00 pm**

**Criteria:**

- Costumes, accessories and catwalk music should be brought by the participant.
- Participants should have modesty in dressing.
- Participants should exhibit their talents on the stage.
- Questions will be asked from the areas of nutrition and general knowledge.

**Event : Nutri quiz**

**No. of participants :2 per team**

**Time :3:00 pm – 4:00 pm**

**Criteria:**

- One team per college.
- A team should consist a maximum of 2 persons.
- The participants are not allowed to use mobile or other electronic instruments.
- Replacement of any participant of a team will not be allowed after registration.

**VALEDICTION**

**Time : 4:30 pm**

**Venue : New N.M. Khajamian Auditorium**

**Dr.S.Ismail Mohideen**

Principal presides

**Valedictory address & prize distribution**

**Dr.A.K. Khaja Nazemudeen, D.Lit.,(USA)**

Secretary & Correspondent

**Felicitation**

**Hajjee M.J.J. Jamal Mohamed**

Treasurer

**Dr.K. Abdus Samad**

Assistant Secretary

**Dr. A. Mohamed Ibraheem**

Vice – Principal

**Hajjee Dr.M.Mohamed Sihabudeen**

Additional Vice – Principal

**Dr.K.N. Abdul Kader Nihal**

Director & Bursar (SF), Head, Dept. of IT

**Dr.K.N.Mohamed Fazil**

Director – Hostel Administration

**Prof. M.A. Jamal Mohamed Yaseen Zubair**

Director - Hostel Administration & Registrar of Attendance (SF)

**and**

**Dr.M.I.Fazal Mohamed**

Head, Dept. of Nutrition and Dietetics



**Treasurer Hajee M.J. Jamal Mohamed sir  
inaugurating the function  
“ Marching towards the healthy world”**



**Fruits and vegetable carving competition**



**Secretary and Correspondent Dr.A.K.Khaja Nazeemudeen observing the Grain carpet display**



**Grain carpet competition**



**Overall championship in  
DIATROFI FEST 2018 was given to Aiman  
College for Women, Tiruchirappalli.**

## **A REPORT ON NATIONAL NUTRITION WEEK CELEBRATION DIATROFI FEST'18**

National Nutrition Week was celebrated in the PG and Research Department of Nutrition and Dietetics of Jamal Mohamed College, Trichy on 27<sup>th</sup> September 2018 by conducting Diatrofi Fest'18, an inter – collegiate meet. The program started with a prayer followed by the welcome speech of Dr.M.I.Fazal Mohammed, Head of the Department in the dignified presence of the members of the management committee. The function was inaugurated by our Secretary and Correspondent, Dr.A.K.Khaja Nazeemudeen, the function was presided by the Principal, Dr.S.Ismail Mohideen, Hajee M.J.Jamal Mohamed Sahib, Treasurer and Dr.K.Abdus Samad, Assistant Secretary felicitated the gathering. Six competitions based on nutrition, intellectual and creative abilities namely the health chef, vegetable and fruit carving, poster presentation, grain carpet, nutri quiz and poshak parade. were conducted during the inter - collegiate meet. Students from Bishop Heber College, Cauvery College and Aiman College in Trichy and Gandhigram Rural Institute- Deemed to be University Gandhigram, Dindigul actively participated in the events. In connection to the celebration, intra departmental events were conducted for the students of B.Sc. and M.Sc., Nutrition and Dietetics a week ahead of the fest. In the valediction, the Secretary and Correspondent Dr. A.K.Khaja Nazeemudeen gave a thought provoking speech to all the participants and our students. The management committee members distributed the prizes and certificates to the winners of the various events of the inter and intra Collegiate competitions. The overall championship of the inter college competition was won by the students of Aiman college for women, Trichy. More than 200 students participated in various events and the entire fest was a motivating platform for the students.

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**A One-Day Seminar sponsored by  
Tamil Nadu State Council for Science and  
Technology  
20<sup>th</sup> December 2018**



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**PG AND RESEARCH DEPARTMENT OF  
NUTRITION AND DIETETICS**

*Cordially invites you to a one day seminar -  
cum - therapeutic food expo*

On

**“THE THERAPEUTIC VALUE OF FOOD IN  
PREVENTION OF GLOBAL BURDEN OF  
DISEASES”**

*Sponsored by the*

**TAMIL NADU STATE COUNCIL FOR SCIENCE AND  
TECHNOLOGY (TNSCST), CHENNAI & NATIONAL  
COUNCIL FOR SCIENCE & TECHNOLOGY  
COMMUNICATION (NCSTC), NEW DELHI.**



**TNSCST**

On

**20<sup>th</sup> December 2018**

*Organizing Secretary*

**Dr. M.I. Fazal Mohamed**

*Head, Department of Nutrition & Dietetics*

*Vice President - Association of Nutrition and Dietetics*

**Dr. M. Angel**

*Assistant Professor of Nutrition & Dietetics*

**ORGANIZING COMMITTEE**

**Dr. V. Kavitha** - Assistant Professor

**B. Rajalakshmi** - Assistant Professor

**J. Priya** - Assistant Professor

**J. Harine Sargunam** - Assistant Professor

**Dr. A. Sangeetha** - Assistant Professor

**D. Bhuvaneswari** - Assistant Professor

**A. Yasmin Fathimaa** - Assistant Professor

**R. R. Sangeetha** - Assistant Professor

Secretary : B. Guna Selvi, II M.Sc., N&D

Joint Secretary : S. Shafna, III B.Sc., N&D

Executive Members : I. Aruna Rani, II M.Sc., N&D

B. Devayani, I M.Sc., N&D

A. Sindhus Banu, I M.Sc., N&D

K. Sorna, III B.Sc., N&D

M. B. Ayisha Sulthana, II B.Sc., N&D

S. Benazir Hudha, II B.Sc., N&D

B. Priyadharshini, I B.Sc., N&D &

S. Sheerin Safa, I B.Sc., N&D

*All are cordially invited*

## INAUGURATION

Time : 9:30 am

Venue: Computer Science  
Seminar Hall

*Presidential Address*

**Dr. S. Ismail Mohideen**  
*Principal*

*Inaugural Address*

**Dr. A. K. Khaja Nazeemudeen**, D.Litt., (USA)  
*Secretary & Correspondent*

*Keynote address*

**Dr. R. Jagan Mohan**,  
*Professor & Head,*  
*Department of Food Product Development,*  
*Indian Institute of Food Processing Technology,*  
*Ministry of Food Processing Industries,*  
*Government of India, Thanjavur.*

## FELICITATION

**Hajee. M.J. Jamal Mohamed**  
*Treasurer*

**Dr. K. Abdus Samad**  
*Assistant Secretary*

**Dr. A. Mohamed Ibraheem**  
*Vice - Principal*

**Hajee. Dr. M. Mohamed Sihabudeen**  
*Additional Vice - Principal*

**Dr. K.N. Abdul Kader Nihal**  
*Director & Bursar (SF), Head, Dept. of IT*

**Dr. K.N. Mohamed Fazil**  
*Director - Hostel Administration*

**Prof. M.A. Jamal Mohamed Yaseen Zubeir**  
*Director - Hostel Administration & Registrar of Attendance (SF)*

*and*

**Ms. J. Hajira Fathima**  
*Deputy Director - Women's Hostel*

## THERAPEUTIC FOOD EXPO

Time : 12:00 pm

Venue: Foods Lab

## VALEDICTION & SPECIAL ADDRESS

Time: 4:30 pm

Venue: Computer Science  
Seminar Hall

**Dr. Prof. G. Anitha**, M.D.,  
*Dean, Mahatma Gandhi Memorial Govt. Hospital,*  
*Trichy.*



## **MANAGEMENT VISITING THE THERAPEUTIC DIET EXPO**



## **B.Voc students participating in the event**



**Students explaining about their expo to our chief guest Registered Dietitian Mrs. Jayanthi , Meenakshi Hospital, Thanjavur.**



**Students explaining about their models to our judges**



**Students explaining about their models to our judge.**



**Dr.Prof.G.Anitha,MD  
Dean , Govt Hospital , Trichy.  
Our chief guest gave a thought provoking  
speech on therapeutic diet**

## **A REPORT ON A ONE - DAY SEMINAR ON THE THERAPEUTIC VALUE OF FOOD IN PREVENTION OF GLOBAL BURDEN OF DISEASES**

A one - day seminar on the therapeutic value of food in prevention of global burden of diseases sponsored by the Tamil Nadu State Council for Science and Technology was organised on 20<sup>th</sup> December 2018. The program started with a prayer followed by the welcome speech of Dr.M.I.Fazal Mohammed, Head of the Department in the dignified presence of the members of the management committee. The function was inaugurated by our Secretary and Correspondent, Dr.A.K.Khaja Nazeemudeen, the function was presided by the Principal, Dr.S.Ismail Mohideen, Hajee M.J.Jamal Mohamed Sahib, Treasurer and Dr.K.Abdus Samad, Assistant Secretary felicitated the gathering. Dr. R. Jagan Mohan, Professor and Head, Department of Food Product Development, Indian Institute of Food Processing Technology, Thanjavur delivered the keynote address. In his address he gave a speech on value addition of jackfruit and edible packages. Following that a therapeutic food expo was conducted in the department. Students of both B.Sc and M.Sc Nutrition and Dietetics exhibited their food preparation for various diseases and conditions. Students of B.Voc Food Processing and Safety also participated in the therapeutic food expo. The Dean of Mahatma Gandhi memorial government hospital, Trichy, Dr. Prof. G. Anitha and Registered dietitian of Meenakshi hospital, Thanjavur, Mrs. Jayanthi, were the chief guests and the judges of the therapeutic food expo. In the valediction Dr. Prof. G. Anitha gave a speech about therapeutic foods and especially fibre cleansing the colon and prevention of cancer. The students from all the classes of Nutrition and Dietetics eagerly participated in the program.

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**International Conference on Advances in  
Nutrition and Food Safety  
4<sup>th</sup> & 5<sup>th</sup> March 2019**



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Tiruchirappalli-620 020.Tamil Nadu, India



You are cordially invited to attend  
a two - day **International Conference** on

**“ADVANCES IN NUTRITION AND FOOD SAFETY”**

**ICANFS-2019**

**4<sup>th</sup> & 5<sup>th</sup> March 2019**

Sponsored by

**Indian Council of Agricultural Research,  
(ICAR), New Delhi**

Organised by

**P.G. & Research Department of  
Nutrition and Dietetics**

## PROGRAMME

- Registration** : 9.00 a.m.
- Inauguration** : 10.00 a.m. - N.B. Abdul Gafoor Auditorium
- Welcome Address** : **Dr. M. I. Fazal Mohamed**  
HOD, Dept. of Nutrition and Dietetics
- Presidential Address** : **Dr. S. Ismail Mohideen**  
Principal
- Inaugural Address** : **Dr. K. Alagusundaram**  
Deputy Director General  
Division of Agricultural Engineering,  
ICAR, New Delhi
- Release of  
Conference Proceedings** : **Dr. K. Alagusundaram**  
Deputy Director General  
ICAR, New Delhi
- Receiving  
Seminar Proceedings** : **Janab. Dr. A. K. Khaja Nazeemudeen, DLitt(USA)**  
Secretary and Correspondent
- Felicitation** : **Janab. Dr. A. K. Khaja Nazeemudeen, DLitt(USA)**  
Secretary and Correspondent  
**Hajee. M. J. Jamal Mohamed**  
Treasurer  
**Dr. K. Abdus Samad**  
Assistant Secretary  
**Dr. A. Mohamed Ibraheem**  
Vice-Principal  
**Dr. M. Mohamed Sihabudeen**  
Additional Vice Principal  
**Dr. K. N. Abdul Kader Nihal**  
Director & Bursar (SF)  
**Dr. K.N.Mohamed Fazil**  
Director – Hostel Administration  
**Mr.M.A.Jamal Mohamed Yaseen Zubeir**  
Director – Hostel Administration &  
Registrar of Attendance (SF)  
**Ms. J. Hajira Fathima**  
Deputy Director-Hostel Administration
- Theme of the conference** : **Dr. A. Sangeetha,**  
Assistant Professor of Nutrition and Dietetics  
& Organizing Secretary – ICANFS-2019
- Vote of Thanks** : **Dr. V. Kavitha,**  
Assistant Professor of Nutrition and Dietetics



### Day I (4<sup>th</sup> March 2019)

**11.15 a.m – 12.15 p.m** : **Technical Session – I - N.B. Abdul Gafoor Auditorium**  
**Resource Person** : **Prof. BRIJESH K TIWARI**  
Principal Research Officer  
Food Chemistry and Technology,  
Teagasc Food Research Centre, Ashtown, Dublin, Ireland  
**Topic** : **“Emerging Technologies for Resilient Food Production System”**

**Oral Presentation –I** : **Biotech Gallery (12.15 p.m. – 01.15p.m)**

**1.15 p.m. – 2.00 p.m** : **Lunch Break**

**2.00 p.m – 3.15 p.m** : **Technical Session – II - N.B. Abdul Gafoor Auditorium**

**Resource Person** : **Dr. K. Sridharan.** MBBS, MD (General Medicine) DM (Gastro)  
Consultant Gastroenterologist and Hepatologist  
SRM Medical College Hospital and Research Centre, Trichy

**Topic** : **“Role of Nutrition in Gastro Intestinal Diseases”**

**3.15 p.m. – 4.15 p.m** : **Technical Session – III - N.B. Abdul Gafoor Auditorium**

**Resource Person** : **Dr. A. Puratchikodi**  
Associate Professor  
Department of Pharmaceutical Technology  
University College of Engineering  
BIT Campus, Annauniversity, Tiruchirappalli-620 024

**Topic** : **“Bioactive Compounds of Food: Their Role in the Prevention and Treatment of Diseases”**

**4.15 p.m – 4.30 p.m.** : **Tea Break**

**5.00 p.m** : **Cultural Programme**

### Day II (5<sup>th</sup> March 2019)

**9.45 a.m – 10.45 a.m.** : **Technical Session - IV - N.B. Abdul Gafoor Auditorium**

**Resource Person** : **Dr. MILICA POJIC**  
Associate Director for International Cooperation  
Institute of Food Technology  
Bulevar cara Lazara 1, 21000 Navi Sad, SERBIA

**Topic** : **“Renewable Protein Sources of Plant Origin for the Development of Novel Food Products”**

**Oral Presentation -II** : **Biotech Gallery (10.45 a.m – 11.30 a.m)**

**11.30 a.m- 11.45 a.m** : **Tea Break**

**11.45a.m – 12.30p.m** : **Technical Session - V - N.B. Abdul Gafoor Auditorium**

**Resource Person** : **Mr. A. Muthuraja M. Sc, MBA**  
Food Safety Officer  
Tamil Nadu Food Safety and  
Drug Administration Department  
Government of Tamil Nadu, Trichy Zone

**Topic** : **“Food Safety and Standards”**

**Oral Presentation – III : Biotech Gallery (12.30 p.m – 1.15 p.m)**

**1.15p.m. – 2.00 p.m : Lunch Break**

**Oral Presentation – IV : Biotech Gallery (2.00p.m – 3.00p.m)**

**3.00 p.m – 3.45p.m : PANEL DISCUSSION - Biotech Gallery**

**3.45 p.m – 4.00p.m : Tea Break**

**VALEDICTION : 4.00 p.m. - N.B. Abdul Gafoor Auditorium**

**Welcome address : Dr. V. Kavitha**  
Assistant Professor

**Presidential address : Dr. S. Ismail Mohideen**  
Principal

**Valedictory Address : Prof. BRIJESH K TIWARI**  
Principal Research Officer  
Food Chemistry and Technology, Teagasc Food Research Centre,  
Ashtown, Dublin, Ireland

**Report of the Conference : Dr. A. Sangeetha**  
Assistant Professor of Nutrition and Dietetics  
& Organizing Secretary – ICANFS-2019

**Felicitation & Distribution of Prizes and certificates } : Janab. Dr. A. K. Khaja Nazeemudeen, DLM(USA)**  
Secretary and Correspondent

**Hajee. M. J. Jamal Mohamed**  
Treasurer

**Dr. K. Abdus Samad**  
Assistant Secretary

**Dr. A. Mohamed Ibraheem**  
Vice-Principal

**Dr. M. Mohamed Sihabudeen**  
Additional Vice Principal

**Dr. K. N. Abdul Kader Nihal**  
Director & Bursar (SF)

**Dr. K.N.Mohamed Fazil**  
Director – Hostel Administration

**Mr.M.A. Jamal Mohamed Yaseen Zubeir**  
Director – Hostel Administration and Registrar of Attendance (SF)

**Ms. J. Hajira Fathima**  
Deputy Director-Hostel Administration

**Vote of Thanks : Ms. B. Rajalakshmi**  
Assistant Professor of Nutrition and Dietetics

**National Anthem**

*dr.sangeram@gmail.com*



**Dr.M.I.Fazal Mohamed, Head.,  
Department of Nutrition and Dietetics,  
welcoming the delegates**



**Resource Person : Prof. Brijesh K Tiwari  
Teagasc Food Research Centre , Ireland  
giving lecture about Advances in  
Nutrition and Food safety**



**Dr.K.Alagu Sundaram - Releasing the Conference Proceedings. Receiving- Secretary and Correspondent Dr.A.K.Khaja Nazeemudeen**



**Correspondent and Secretary Dr.A.K.Khaja Nazeemudeen Distributing the Prizes and Certificates to the participants.**

## **A REPORT ON A TWO-DAY INTERNATIONAL CONFERENCE ON ADVANCES IN NUTRITION AND FOOD SAFETY**

A Two-day international conference on advances in nutrition and food safety was organised by the PG And Research Department Of Nutrition And Dietetics on 4<sup>th</sup> and 5<sup>th</sup> of March 2019.

The program started with a prayer followed by the welcome speech of Dr.M.I.Fazal Mohammed, Head of the Department in the dignified presence of the members of the management committee. The function was presided by the Principal, Dr.S.Ismail Mohideen. The Secretary and Correspondent, Dr.A.K.Khaja Nazeemudeen, Hajee M.J.Jamal Mohamed Sahib, Treasurer and Dr.K.Abdus Samad, Assistant Secretary felicitated the gathering. The deputy director general of the Indian Council of Agricultural Research Dr. K. Alagu Sundaram inaugurated the ceremony and delivered the inaugural address. He emphasised on the recent advances in the role of Nutrition in both preventive and therapeutic aspects of health care. The souvenir of the conference was released by Dr.K.Alagu Sundaram and received by the Secretary and Correspondent, Dr.A.K Khaja Nazeemudeen. There were two resource persons from abroad. Dr. Brijesh k Tiwari principal research officer Teagasc food research centre, Dublin, Ireland and Dr. Milica Pojic, Associate Director for International Cooperation Institute of Technology University of Novi sad Serbia were the resource persons. There were four sessions and more than 120 oral papers and posters were presented. Participants from various institutions from the other states of India and also Tamil Nadu participated and presented their papers. The best paper award was given you are in the valediction all the participants receive the participation certificates and the conference the network of communication of relationship between academy and food industry and also made with great contribution for all delegates for teaming up with international partners for further research collaborations.

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